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April 2015

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The Aire Valley is gearing up for the inaugural Tour de Yorkshire race next month. We've published the approximate race times so you can plan ahead and see where you might want to situate yourself along the route in the district. (See page 6)

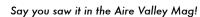
If you fancy a change of scenery, there is a walk around Saint Ives Estate that is worthy of attention. Download the detailed route description to ensure you find your way! (Page 16,17)

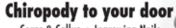
The Stitch Society is running workshops in Haworth this month. You can get crafty and learn how to felt, weave, spin, knit, crochet and more. They are also offering a 25% discount for Aire Valley Mag readers. (see page 5 for full details)

We're supporting the Let's Grow Airedale appeal... will you join us? Page 21 explains more.

Have a great April!







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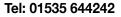
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The Stitch Society* is a piece of crafting heaven based in the old textile mill that is Keighley Business Centre. For sometime now The Stitch Society* has been inspiring stitchers, makers and menders to share their knowledge and skills with each other in their airy studio.

Continuing their mission to share their combined knowledge, Fiona Drake and Charlotte Meek, the founding members of The Stitch Society*, will be appearing at 74 Main Street, Haworth for two weeks only, from the 17th until 30th April.

With their lighthearted and informative approach to teaching, Fiona and Charlotte ensure that The Stitch Society* workshops include all materials, instructions and tools — often served with a slice of cake and lashings of tea. The Spring programme includes workshops as diverse as Felted Flowers, Weaving and Learning to Spin. There will be an opportunity to sample a range of mini workshops, which will be running over the two weekends, including needle felting, knitting, crochet and sewing.

Gaining notoriety for their expertise, both locally and

nationally, their work includes being featured on the Radio 4 website with their quirky interpretation of The Shipping Forecast, as part of the Radio 4 Loves Enitting Day; this now famous piece will be on display in the shop.

Part of The Stitch Society*
philosophy is to provide simple,
effective tools and kits to enhance
the crafting experience; such as The
Stylish Tin of Sewing Tools and The
Helpful Tin of Knitting Tools; all
this loveliness and more will be
available in the shop.

Encouraging others to share their skills and become part of The Stitch Society* community of Friends has lead to a devoted following, who regularly attend the Friday morning Knit & Stitch* group, which will be happening in the shop on the 17th and 24th April, from 10 until 12, everyone is welcome to join us.

Full details of all the mini workshops are available on our website at www.thestitchsociety.com.

Call in or email hello@thestitchsociety.com to reserve your place.

For readers of this magazine, Fiona and Charlotte are offering a 25% discount on any two workshops booked together. Just bring this magazine with you to claim the discount.

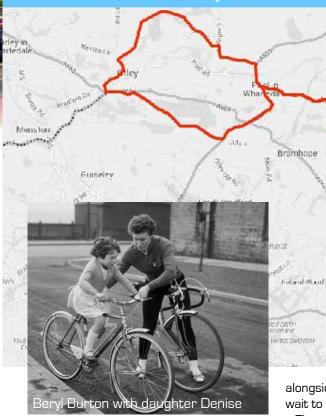




Tour de Yorkshire Route Schedule for Worth & Aire Valley

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81	105	LRD	CAKWERTH		13:94	13:12	17:21
Ħ	10B		HOLMEHOUSE		13:95	17:15	17:23
57	110		Côte de Goose Eye (KOM)	NC	15:11	15:19	15:28
×	112.3		SUTTON IN CROWEN		13:34	1523	17:32
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37.5	129.5	LRD	ILKLEY	Sprint	15:39	15:49	15:59
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Tour de Yorkshire



alongside it on the last day is terrific. I can't wait to be part of it."

CHAPEL

The sportive, held along the route of the Tour de Yorkshire and organised by sports event company Human Race, has already attracted nearly 300 entrants.

"It is great to have Denise in the Tour de Yorkshire Cycletta Ride. Denise was inspired by her mother to take up cycling and went on to become a medal winner and now Denise is inspiring other women to take up the sport."

- Gary Verity, Chief Executive of Welcome to Yorkshire.

More information on the ride can be found at letour.yorkshire.com/tour-de-yorkshire/sportive

The first Tour de Yorkshire Cycletta will feature the daughter of Beryl Burton OBE after Denise Burton-Cole, herself a toplevel cyclist, confirmed her participation.

Burton, a member of the British Cycling Hall of Fame, won around 100 national championships, as well as racing alongside her daughter at the 1972 world championships.

The family tradition in the sport does not end there either, with Burton-Cole's own daughter Anna joining her at the Cycletta.

"I am absolutely delighted to be taking part in this event," said Burton-Cole.

"It is fantastic for Yorkshire to have an international cycle race and for a mass participation women's event to run

The Importance of making Lasting Powers of Attorney

I often have clients say to me that they do not need a Power of Attorney as they are not old enough to need one yet, and when the time comes they will make one. I find that clients are increasingly aware of the importance of making a Will, but there is still a feeling that Powers

of Attorney are for

"old people" and

that there is no

need to consider

making one until

later on in life.

The problem with this view is that at the time you or your family need you to have a Power of Attorney, it may be too late for you to make one, as you can only make a Power of Attorney if you have the mental capacity to understand the implications of the document.

Powers of Attorney are not only for people in later life with illnesses like dementia, they are invaluable in circumstances such as accidents where someone suffers brain damage, or a stroke or other sudden illness, and is unable to deal with their day to day affairs.

A Lasting Power of Attorney is a document which remains valid even if you lose mental capacity after it has been made. There are two types of Lasting Powers of Attorney, one to deal with your property and financial affairs and one to deal with your health and welfare.

If you lose mental capacity and do not

have a Lasting Power of Attorney

then your family may need to make an application to

the Court of Protection in order to be able to deal with your affairs on your behalf. This can be a long and costly process at an upsetting time.

With a Lasting Power of Attorney you chose who you wish to be your attorneys. You are in full control of what happens in the

event you lose mental capacity, but without one, anyone can make an application to the Court of Protection on your behalf and you do not have any say in this.

We advise our clients to consider making a Lasting Power of Attorney at the same time as they are making their Will to give peace of mind and

peace of mind and ensure that their families do not face any difficulties in the future.



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I wanted to share with you a nice little recipe; my onion gravy.

What is useful about this gravy is that it doesn't need a Sunday roast in order to get a rich, meaty tasting sauce; in fact it is vegetarian! This means that you can make it easily, whenever you like. I am not keen on granular gravy; if you like it, fine. But if you don't then here is a good alternative. You can add any herbs, wine or other bits once you have the basics so it can be made to pair with any dish. Recently in my 'Cook Clubs' that I run (see community page for details of the free weekly Keighley group) we have made the wonderful 'Mince Wellington' Jamie Oliver recipe. This onion graw is a great accompaniment for that. One of the things we aim to do at the club is to learn about cooking on a tight budget, so for example with the Mince Wellington recipe we try and make a treat meal stretch further by adding more cost effective ingredients. The gravy also is an economical option and certainly beats buying the liquid shop bought ones. You can make it as runny or thick as you like, and if you prefer I'll show you how in Keighley!

Cath Bromwich, a Silsden resident, is a cookery teacher and forager. Her livelihood includes foraging and cookery courses, such as cooking on a budget and outdoor foraging and cooking experiences. She trained at Ballymaloe Cookery School, Ireland. For more information, or to pass on your stories and recipes, contact Cath at www.facebook.com/foragercathyorkshire

ONION GRAVY



Chop the onion into thin slices, pour some oil or butter into a pan (a little of both adds flavour), 'sweat' these on a gentle heat until soft. Make up to a pint of vegetable stock. I also add a teaspoon or 2 of yeast extract (marmite) or you can use stock cubes.

Add 1-3 tablespoons of plain flour & stir this into the onion juices. let this cook for a few minutes to cook the flour, keep stirring to stop burning. Add salt and pepper (if using marmite you won't need the salt, but lots of pepper in this is tasty). You can add a spoon or 2 of grainv mustard, herbs like rosemary or a splash of red wine.

Slowly add the stock, stirring all the time. You may want to turn up the heat to medium. Keep stirring to make a smooth gravy. When you have the consistency & amount you want let it simmer for a couple of minutes. Taste. Add any more seasoning you want, serve.

Top Tip: Try growing fresh herbs at home!

Behind the Scenes at the Museum

The Brontë Parsonage Museum has just launched its new contemporary arts programme highlighting some of the events and exhibitions taking place at the Parsonage between now and the autumn. In the next instalment of People at the Parsonage, we meet Arts Officer Jenna Holmes to tell us more.



Tell us a little about vourself:

Well, I've always loved history. literature and art so the contemporary arts programme is a dream job for me! I live in Ilkley and have

recently come back to work part-time after having my little boy in 2013.

How long have you worked at the Museum?

I've been here since late 2007 and the time has flown by, I love working at the Museum and the wide variety of things that entails. Because we are a small team we work closely and get involved in lots of different areas. I'm also very privileged to meet an amazing mix of writers and artists who visit Haworth as part of our programme.

Tell us about a typical day:

A lot of my job is desk based - so I am contacting publishers or agents and arranging events, from booking the speaker and all of their arrangements to printing flyers and selling tickets. But the most intriguing work for me is the projects with contemporary artists, as they allow me to delve into the collection and discover new things. I'm often to be found pestering our Collections team with strange queries, such as "Do we know how much rainfall." there was in Haworth in 1848?", "Would it be OK if I hung some paper moths from Mr Brontë's bed?" or "What is the

circumference of the tree in the garden?" I'm sure they often hide when they see me comina.

What's your favourite piece in the collection?

That's a difficult question as there are many fascinating items. I'm really drawn to the clothes and textiles and although there are some very charming delicate things, I also can't help loving the Brontës' stockings - they are thick, woolly and pretty gruesome. The Brontës would have been horrified that we have them on display I am sure. They are all heavily darned. Charlotte's very neatly and Emily's very messily - she obviously had better things to do!

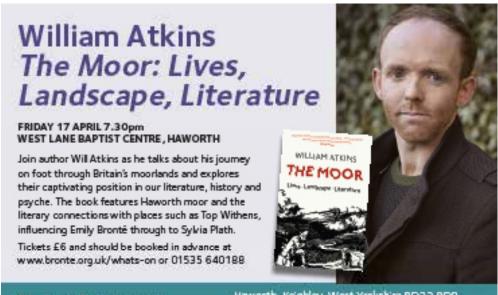
And your favourite Brontë novel?

That is tricky, but if I could only take one to a desert island, I probably would choose 'Wuthering Heights' over 'Jane Eyre', though of course I love them both.

Anything else you'd like to tell us?

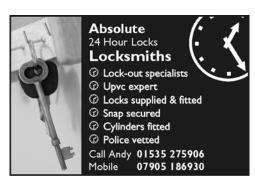
I'm really pleased our new programme has been released and I hope local audiences will be interested in our event. with Will Atkins on 17 April. Will stayed in Stanbury when he was writing part of his book 'The Moor' and discusses the importance that places such as Top Withens hold in our literary imagination. Anyone interested in the history and romance of the moors and the local landscape should definitely come along to hear more!

The Museum is open daily. Adult admission is £7.50, with concessions available.



Brontë Parsonage MUSEUM

Haworth, Keighley, West Yorkshire BD22 BDR. 01535 642323 www.bronte.org.uk Open Nov-Mar 10em-5pm daily, Apr-Oct 10em-5.30pm. Last tickets rold 30 minutes before dosing.















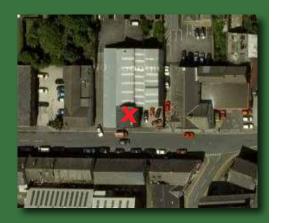
Where is the red x located in the photo to the right??

this months prize is generously donated by Keighley & Worth Valley Railway

Day Rover Pass

Email your answer to: mail@worthvalleymag.co.uk

The winner will be selected from all correct answers received by April 21st 2015



Last month's location was The Balti House, Keighley. The winner was Roger Baxandall from Cross Hills. Google Earth ©

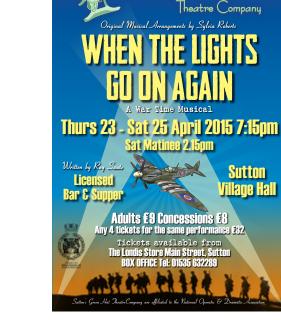


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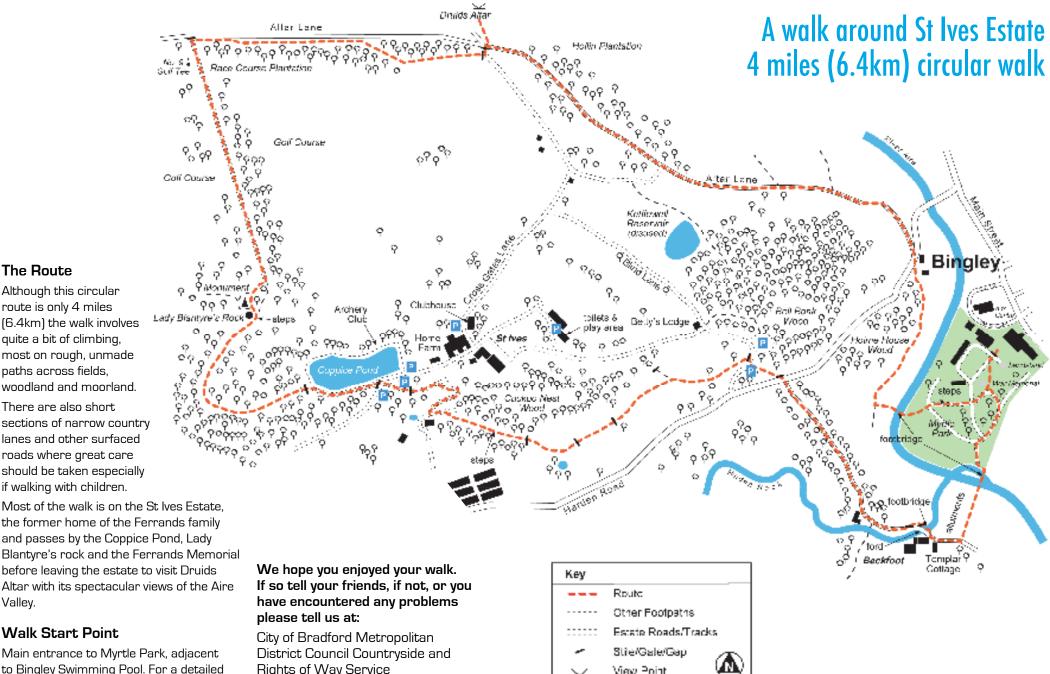
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15



Parking area

Main entrance to Myrtle Park, adjacent to Bingley Swimming Pool. For a detailed description of the walk visit:

www.bradford.gov.uk/countryside.

The Route

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Donate now to support hospital gardens project



Steeton couple Andrew & Pippa Chapman are leading a funding campaign to establish a new volunteer gardening project at Airedale hospital.

Professional horticulturalists known as Those Plant People, Andrew and Pippa are working in partnership with Friends of Airedale to set up the scheme which needs to raise a minimum of £3000 by 27th April in order to start the project to revamp the many garden areas at the hospital. Because of the decreased NHS funds available to maintain them, the outdoor areas at the hospital gardens are currently no longer developed by the groundsmen. During a stay at the hospital Pippa noticed the former borders had been gravelled over and wanting to make a difference came up with an idea to transform them to colourful gardens.

She explains "We want to plant the

courtyards overlooked by the corridors of the hospital and create flower filled meadows, mini orchards, year round colour, fun outdoor sculptures and herb garden beds around the grounds. There are so many possibilities. We want to raise as much as possible as we have big plans to ensure the success of the project and its long term sustainability."

The idea of restoring and developing the hospital grounds to become 'healing gardens' is based on scientific research which has shown that viewing scenes of nature reduces anger, fear, and stress and increases pleasant feelings. Exposure to nature not only makes you feel better emotionally, it contributes to your physical wellbeing, reducing blood pressure, heart rate, muscle tension, and the production of stress hormones. Some findings indicate it may even reduce mortality.



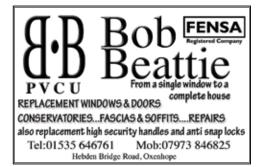
Can you help Let's Grow Airedale meet its launch target by 27th April? Please give online at www. crowdfunder.co.uk/lets-grow-airedale or in an envelope marked 'Let's Grow Airedale project' handed in to the Friends of Airedale cafe at the hospital. If you would like to volunteer to help with gardening, with no experience necessary, please call Pippa Chapman on 07704 178585 or email thatplantgirl@hotmail.co.uk



Call Laura on 07582 669144 or email laura.alderson@accountax-kly.co.uk















We need your help! We are always looking for volunteers to help us operate the railway, joining our team of well-trained and qualified members of the Society, whether it be to get involved in helping to restore and operate the locomotives, to help maintain the track, to act as Guard on the trains or, any of another operational roles, to sell and check tickets. However, we are also very keen to welcome new volunteers to help us behind the scenes where we manage the finances of the railway and deal with the administration of the operation. We would welcome in particular those with experience of administering businesses like ours, which has a volunteer workforce of nearly 500. In addition, we are constantly looking for innovative ways to fund raise, and are very keen to hear from those who would be able to work with our Strategy and Finance directors as they seek to help raise funds, for example to pay the estimated £300k+ for our next locomotive overhaul. and to help us progress a number of key projects across the railway.

Whilst we continue to look for ways to realise our longer-term ambitions, we - quite literally - continue to keep the wheels turning. Our operational locomotive fleet, covering such a wide range of historic periods, is very sought after, to the extent that last weekend three steam locomotives normally resident on the KWVR have been variously to Llangollen in

Wales and to the Severn Valley Railway in the West Midlands. We recently enjoyed a very successful 'home fleet' Steam Spectacular weekend at which we enjoyed showcasing our resident locomotives, with double-headed and demonstration freight trains, drawing many compliments from and some great photographs by our visitors.

We have been working hard to appeal to our wide range of visitors. For example. if you can't wait until the weekend or school holidays to travel, this year we have been trialling running our Diesel Rail Bus every Wednesday, which has helped us accommodate school parties, but also a number of other passengers who get to enjoy the view of the line afforded by the windows right at the front and back of the vehicle. For those that prefer to wait until the weekend (or the school holidays), we have started detailing which real ales should be available on the on-train buffet, so do check the website for the 'Real Ale Roster.' If diesel traction is your preference. we plan to operate a diesel service on the second Saturday of each month from April to October (a steam service will also be operating). Details of trains and times can be found on the website, and all planned services are subject to the vagaries and challenges of operating heritage trains, so do please check the site for the latest news.

Please do consider joining our volunteer team by contacting us via the website or me directly, and, as ever, do please get in touch if you have any comments or suggestions.

Matthew Stroh, Tel: 01535 645214, email: admin@kwvr.co.uk, web: www.kwvr.co.uk

Apologies for our error in the March edition. The 40th Annual Keighley Model Railway Club Exhibition was not free entry.

Over 50s Rug making group - 1st Wednesday morning every month in Keighley Shared Church Hall. £2 per session. For more info phone Amy Baldwin & Michael Trott on 01535 669605.

Weekly Mondays Fun FREE Cookery

Classes at Airedale Church Centre. North St, Keighley, BD21 3AF. Coffee at 9.30am and the class will start at 10am until Midday when you can eat and enjoy what you have cooked. Everyone welcome. Free Creche. More info contact Forager Cath Bromwich 01535 652278. Silsden Strolls Paper copies of Strolls 1 and 2 will be available free of charge from various outlets in the town including the Coop, Post Office and Health Centre. They will be downloadable from the website SilStrolls.org.uk. Each Stroll is between 3 and 4 miles, fully described and mapped, with bespoke waymarking along the route on the ground. They are designed to allow

support.

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their footpaths with visual and written



Brownies for some family fun. Cake stall/tombola/duck race.

Sat 4th April until Sun19th April 10.30am - 4pm Half Term Outdoor Fun at East Riddlesden Hall Show off your den and mud pie making skills in the Discovery Garden. 01535 607075 weatherall@ nationaltrust.org.uk

Fri 10th until Sun 12th April Haworth Beer Festival at the Old School Rooms. Supporting Manorlands.

Sat 11th April Charity Event in Aid of Sue Ryder Manorlands Hospice at Silsden Sports Club.

Tickets on sale at Been Busy, 56
Kirkgate, Silsden or Le Bistro,
Skipton. More info 07919 383704
or email jambosmum@hotmail.com.
Donations prizes for the Auction &
Raffle required.

Join us for FREE 4 week FIT CAMP CHALLENGE in Sutton in Craven Park! Challenge includes: 4 workouts, fitness evaluation, wellness profiles & coaching, full support, complete body transformation. Everyone welcome, any age, any fitness ability, bring friends, make new friends, let's have fun, get healthier & fitter together! Fit Camp Challenge starts on Saturday the 11th April 9.30 am. For all info & to register call or text 'GETFIT' to Anneli Howes on 07523322952.

Sat 12th April Skipton Triathlon

at Craven Swimming Pool & Aireville Park. Swim 400 metre, 20km bike ride & run 2 laps of Aireville park. www.freebirdevents.co.uk/skiptontriathlon-2015

Sat 18th April Benefit Gig at
Haworth Community Centre. In aid of
Haworth Fire Station and Community
Centre. Doors open 4.30pm. Bands
include Justin Sullivan & Dean White
from New Model Army, Skeletal
Family, Foxesfaux & Rosa Sargent.
Tickets £20 and purchased from
Firths Boutique or online at www.
newmodelarmy.org

Thurs 23rd until Sat 25th April Sutton Green Hut Theatre Company presents When the Lights Go on Again. Sutton Village Hall at 7.15pm & matinee performance at 2.15pm. To book tickets call 01535 632289.

With lots of opportunities for you to join in the rousing choruses and join in our street party, with bunting, flags to wave, and a wartime supper included in the price. With well known songs from the period and archive recordings, we see the men of the village going off to fight the war and the effects this has on the girlfriends and mothers left behind.

Thurs 23rd until Sat 25th April St. George's Market & Street Entertainment. Church Green & Low Street Keighley.

Sun 26th April 2.30pm St George's
Day Parade Skipton A parade of
Scouts. Cubs and Beavers from

groups across South Craven. It runs from Petyt Grove, via the High Street, for a service at Holy Trinity Church.

Sat 2nd, Sun 3rd & Mon 4th May Skipton Waterways Festival Theme this year isNursery Rhymes. Ever popular Raft Race, will again take place on Sunday 3rd May where anyone over the age of 18 may enter, to be in with a chance of a cash prize! Free Park and Ride scheme throughout the weekend. Donations gratefully received, to go towards the running of the festival.

Mon 4th May 10.00am- 3.30pm St Stephen's Church, Steeton with Eastburn, May Day Fun Day

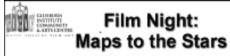
Duck race, animal trail, stalls, games, refreshments. Fun for all the family. Further information Tel 01535 654422

Sat 2nd until Mon 4th May The Railway Children Weekend at Keighley & Worth Valley Railway.

Sun 3rd May Tour de Yorkshire Mon 4th until Sat 9th May Keighley Playhouse Death in High

Heels - Murder Mystery. www. keighleyplayhouse.co.uk 01535 604764

Sat 9th & Sun 10th May Bronte Vintage Gathering 10am at B6144 Haworth Road, Cullingworth, BD13 5EE. 01535 275535



Friday 24th April starting at 7pm

A tour into the heart of a Hollywood family. Starring: Julianne Moore, Robert Pattison

Tickets £5 Conc. £3.50 on the door or from 01535 630223

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2



of pounds buying the exact same kitchen around the Bradford and Halifax areas. from us after being quoted from other About ten years ago we moved to larger kitchen suppliers. So, if replacement kitchen premises and started to move into or bedroom doors are what you are looking supplying bathrooms, bedrooms & sliding for this is the place to be. Please take your wardrobes as well. Always on the lookout time to browse our web site and if you need for new improved products at the most competitive prices we found the opportunity any help please feel free to call for advice to move into kitchen door replacement our office is manned by ex fitter's not sales and as more advances were being made men so you won't get any of that hard in the manufacturing process high quality

Tel: 01274 882349

sell business but you will get a wealth of knowledge. Queensbury Kitchens Ltd. 18a Black Dyke Mills, Brighouse Road, Queensbury, Bradford BD13 1QA

www.queensburykitchens.co.uk email: info@queensburykitchens.co.uk

Sudoku Challenge

The object is to place the numbers I to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once.

		1	5			9	3	8
		9		6	2			5
9		7					8	
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ANSWERS ON PAGE 30

made to measure kitchen doors became

vinyl manufactures have also been able to produce some amazing finishes and vibrant

Also more people are now able to use the

Internet to get the best deals, cutting out

high priced kitchen retailers. We have saved

some of our customers literally thousands

available. Over the last couple of years

colours to really make kitchen designs

come alive.

The Green Deal Factory Ltd step in at the last minute to save the 1940's weekend.

It's unie to any that the 1940's westend has become the most popular event in the village and this year's is no different with over 40,000 purple expected to attend the vintage gathering.

It has become a commercial success for local teaches - where the whole village is turned over to the event, as the clock is turned back 75 years in celebration. But the annual event was days away from cancellation as the spiraling costs made it impossible for the committee to meaningfully run the popular weekend.

It was a local based business. The Green Deal Factory Ltd and its sister company Glover Energy Boiless that stepped into the breach at lineally the 11th hour to help out and save the day with much needed funds and a sponsorship deal.

Green Deal Factory Ltd. is part of the Green Deal government budged incentive to offer low-income families 'eco grants' towards near high efficient gas boilers. Sister company, Giover Energy Boilers provide a similar service aimed at the wider general public offering easy pay monthly packages.

Nikir Carroll, one of the organising committee members, said: "We've absolutely delighted that this year's 1940s weekend has been saved. It's brilliant that Paul Calvert and Green Dool Factory agreed to do this. We mally appreciate that his company has come forward".

What a liabulous event, to sponsor said Green Deal Factory's Paul Calvert. I live in the village and have always gone to sample the atmosphere, so this is a chance to really get involved and provide support for what is a local showcase with a national reputation'. Not only that we have significantly contributed to the local accrowing as the 3 days brings in a considerable amount of much needed revenue to local businesses.

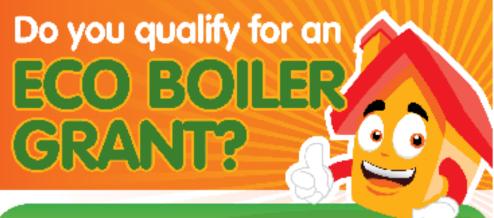


We are always been to sponsor events and organisations which are local to us and our customers and the Haworth 1940's meetend is a great advertisement for the area".

Look out for both The Green Dual Fectory Ltd. and Clover Energy Boilers team, the years and stands will be omite throughout the weekend. For more details you can yield were the green deallartory on uk.



Dame Vera Lynn, the Forces sweetheart, has given her support to the Haworth 1940's weekend with 70 signed specially commissioned limited edition prints by artist, John Francis, costing £200 each. Unsigned prints are £20, available at Firth's Boutique in Haworth



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Proudisponsors of Haworth 1940's weekend



The Green Deal Factory Limited, Green Deal accredited advisors and installers.

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Worth & Aire Valley Magazines

Suduko Solutions

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6	1	5	4	3	8	2	9	7
8	4	3	2	7	9	6	1	5
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